



# The Chronicle

## The Community Newspaper of the Jewish Council of North Central Florida

Issue #1, September 2018

Elul 5778 - Tishrei 5779

### JCNCF Annual Campaign to Focus on the JDC

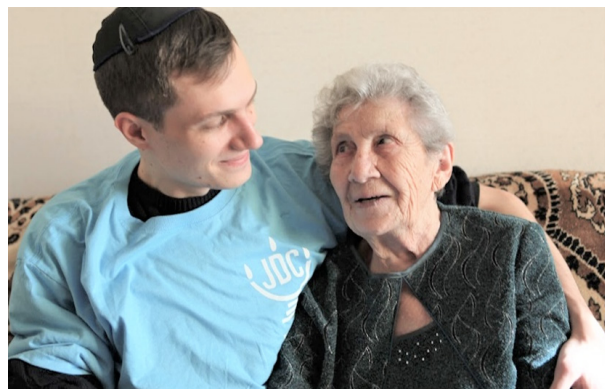
**By Virginia Brissette Hirshik  
President & CEO, JCNCF**

The Jewish Council's Annual Campaign is the foundation of everything we do and your gift to the Annual Campaign is how we support Jewish causes internationally and funds our community-wide programming here in North Central Florida. This issue of *The Chronicle* features our Annual Campaign Roll of Honor, where we acknowledge with gratitude all those donors who contributed and helped us make our goal of raising \$180,000 in the last campaign. In particular, we are very proud to have donated over \$40,000 collectively to our charitable partners at The Beit Ruth Educational & Therapeutic Village and The Jaffa Institute. Both of these agencies provide critical social services to Israel's most

vulnerable populations and we are honored to be their partner in this important work.

The focus of the 5779 Annual Campaign (2018/19) will shift to the work of the Jewish Joint Distribution Committee (JDC). The Jewish Council has pledged to donate \$70,000 to the JDC by December 31, 2019 and thanks to a gift from an anonymous donor, those funds will be matched at 50% turning our allocation into \$105,000.

The Joint Distribution Committee (JDC), is the world's leading Jewish humanitarian assistance organization, impacting millions of lives in more than 70 countries today. JDC leverages a century's experience



confronting poverty and crisis around the world to save the world's poorest Jews, build Jewish life and leaders, empower Israel's future, and rescue victims of global emergencies. More information can be found at [www.jdc.org](http://www.jdc.org).

*Continued on pages 6 - 7*

## Saving Jewish Lives and Building Jewish Life



On Thursday, October 11, the Jewish Council of North Central Florida will host Dr. William Recant of the Jewish Joint Distribution Committee for a talk at Temple Shir Shalom.

Dr. Will Recant serves as the senior staff person regarding all of JDC's non-sectarian programs and directs JDC's Government Affairs program. He is one of America's top experts in the field of international relations, disaster relief and development.

**Thursday, October 11**

**at 7:30 PM**

**Temple Shir Shalom**

**This talk is free and open to  
the community.**

With more than three decades of work in global development and crisis management, Recant has successfully directed relief efforts and disaster assistance programs for the American Jewish Joint Distribution Committee (JDC) in Japan, Haiti, Kosovo, Rwanda, Ethiopia, Cuba and countries affected by the Indian Ocean Tsunami.

A highly sought-after source on crisis response, Dr. Recant has appeared in a variety of TV, print, and radio outlets discussing

the rescue and relief of distressed populations, international disaster response and preparedness, and global volunteerism.

He has advised and briefed U.S. Presidents, government agencies, members of Congress, local, national, international government officials, embassy staff, as well as community leaders and academics.

Previously Dr. Recant was the Executive Director of the American Association for Ethiopian Jews, where he served as the chief advocate of the Ethiopian Jewry movement and was responsible for helping to implement one of the largest resettlement operations in the 20th century with the airlift of Ethiopian Jews to Israel.

Recant holds both a Master's Degree and Ph.D in Political Science from George Washington University.

For more information and to RSVP, please contact the JCNCF office at 352.371.3846 or [office@JCNCF.org](mailto:office@JCNCF.org)

## ***Together we can do extraordinary things!***

**JCNCF's Annual Campaign goal for 2018/2019 is \$180,000.  
Visit [www.jcnf.org](http://www.jcnf.org) to make your secure donation online now,  
or contact us at 352.371.3846 or [office@jcnf.org](mailto:office@jcnf.org).**

The Jewish Council of North Central Florida operates entirely on the contributions of generous community members like YOU! With that in mind, the JCNCF events that you see listed in this newsletter each month are made possible by those donations. Please consider making a gift to the Annual Campaign or to any of our special funds. Your donation supports Jewish causes locally and globally and means so much to so many.

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Signature \_\_\_\_\_ Pledged \$ \_\_\_\_\_ Enclosed \_\_\_\_\_

### ***JCNCF Mission Statement***

*As set forth in the Articles of Incorporation, the JCNCF has been formed to operate and engage in philanthropic, cultural, and other group activities for charitable and educational purposes that shall contribute to the welfare of the Jewish community of North Central Florida and other Jewish communities around the world.*

### ***The Chronicle***

is published 10 times per year by the  
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*The Chronicle* is produced for the community by JCNCF staff and volunteers. The opinions expressed are those of the contributors and are not necessarily representative of the Jewish Council Board of Directors or supporters.

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of North Central Florida.

### **Submissions Policy**

News and announcements of events that are of interest and open to the entire Jewish community will be included as space allows. The times and places of regular and special Jewish religious events, as well as Jewish organizational events, will be placed in the Chronicle's monthly community calendar.

Please submit original material of 500 words or less, not published or to be published elsewhere, along with photos of interest to the community. Submissions may be e-mailed in Word document format to [chronicle@jcnf.org](mailto:chronicle@jcnf.org); or dropped off at the Jewish Council of North Central Florida office. Please submit photos in high resolution with a caption identifying the subject and all people depicted. JCNCF reserves the right to edit all submissions. *The Chronicle* does not publish letters to the editor.

*The Chronicle* and the Jewish Council do not endorse the goods and services advertised in these pages, and make no representation as to the kashrut of the food, products, and services in such advertising.

If you have any questions, email [chronicle@jcnf.org](mailto:chronicle@jcnf.org) or call 352.371.3846.

***All submissions are due on or before  
the 10th of the month prior to publication.***

## **The Board & Staff of the Jewish Council of North Central Florida**

### **Board Officers**

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Benny Susi      Debby Kinman-Ford

## JCNCF Welcomes New Board Members, Officer, and Staff



Ido Oren, a native of Tel-Aviv, has lived in Gainesville since 1999. He is a member of the department of political science at the University of Florida and a member of B'nai Israel Congregation. He is married to Jodi Oren and has three grown children: Avigail, Maya, and Eytan. Ido, who has served on the JCNCF board since 2017, has taken over the position of Board Secretary.

JCNCF welcomes new Board members:

Debby Kinman-Ford

Daniel Sokol

Benny Susi

Shalom! My name is Rebekah Ford and I am the new PJ Library program specialist! I am currently in my third year of college at Santa Fe, studying family, youth and community sciences. I love working with kids, I also work at the day school two days a week as a floater, it is currently my third year working there. I am also the co-leader of the B'nai Israel youth group. I love to be in the outdoors, I volunteer at San Felasco State Park and also at Devil's Millhopper. I have spent my last two summers at Camp Lochearn in Vermont, where I worked with girls from ages 8 to 16 and taught nature, theatre and served as a lifeguard! PJ Library is such an amazing program and I absolutely love being involved with it! I hope to see all of you at future events!



My name is Anthony Chetock, and I recently joined the team at JCNCF as a new fall intern! I am originally from Boca Raton, Florida, but am currently residing in the Ocala area. I completed my undergraduate degree at the University of Central Florida with a Bachelor's in Political Science and a minor in Judaic Studies. I decided to continue my studies at UCF and I am now pursuing a Master's degree in Non-Profit Management and Public Administration. I have a passion for volunteering and a deep admiration for Judaism so I thought JCNCF would be the best fit for me at this point in my life.

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**SUNDAY, SEPTEMBER 23  
3 - 4:30 PM**

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OUR  
PJ LIBRARY'S  
10TH  
BIRTHDAY**

**GAINESVILLE WOMAN'S CLUB  
2809 W UNIVERSITY AVENUE**

*Free For All  
PJ Library Families*

Please RSVP by September 19  
Contact Bekah Ford at  
352.376.1508 ext. 110 or  
bekah812@gmail.com

PJ LIBRARY NORTH CENTRAL FLORIDA IS A  
PARTNERSHIP BETWEEN THE B'NAI ISRAEL  
COMMUNITY DAY SCHOOL AND THE JEWISH  
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TIME  
AND  
MORE!**

**DO A MITZVAH  
OR TWO!**

**Donate new or gently  
used children's pajamas  
and bring in your  
old PJ Library books!**





## Israel In Brief

By Ralph Lowenstein

### Iranian General Accuses Israel of Stealing Iranian Clouds

An Iranian brigadier general, Gholam Jalali, has accused Israel of stealing Iran's clouds in order to cause drought in parts of Iran. "Israel and another country in the region have joint teams," he said, "which work to ensure clouds entering Iranian skies are unable to release rain." (Daily Mail, England)

### Israel Develops System to Confuse Enemy Military Drones

Israel's defense industries have worked together to develop an advanced system, called "Skylock", that is capable of intersecting and capturing spy and attack drones from enemy nations. Skylock can detect drones from four to five miles away and either destroy them or force them to land before doing harm. The system can track up to 200 targets simultaneously, jam over five bandwidths, and destroy drones with a laser at a distance of up to a half-mile away. Three Asian countries have already purchased the system from Israel. (Jerusalem Post)

### Pepsi Will Buy SodaStream For 3.2 Billion Dollars

The Pepsi Cola Company has announced that it will buy SodaStream, the Israeli company that sells do it yourself seltzer makers, in a deal worth \$3.2 billion. The move will boost Pepsi's efforts to shift from its traditional soft drinks to offering healthier options.

Although not a strictly Israeli-owned company now, another Israeli operation,

the Teva pharmaceutical company, has just received the US Food and Drug Administration approval for a low-cost version of EpiPen, a drug for people with life-threatening allergic reaction. EpiPen received much publicity recently for the extremely-high cost of this critical product. Now there will be a competitive product at a much lower price. (NBC News)

### Egypt Clears Gaza Border Area, Greatly Reducing Weapons Smuggling

Egypt has destroyed thousands of homes in Rafah, an Egyptian city that borders the Gaza Strip, to reduce smuggling of weapons and other goods into the Hamas area, and the raids of Hamas soldiers against Egyptian army troops in the central and northern Sinai. Egypt has succeeded in establishing a 2-mile wide clearing along the entire border. The Egyptians forcibly transferred tens of thousands of people as part of their war against Hamas, which controls the Gaza Strip. Sinai Bedouins, who were frequently victims of the Hamas incursions, played a major role in the Egyptian operation against Hamas. (Times of Israel)

### Israeli Cyber Company Wins Against Hackers in Global Competition

Cyber 2.0, a leading Israeli cyber security company recently offered almost \$30,000 to any person or company that could successfully hack into its new Cyber 2.0 system, which, unlike any other system, operates on the basis of the mathematical principles of chaos. The competition was open to hackers from across the globe, and hundreds participated, launching



From left, Israeli Prime Minister Benjamin Netanyahu, Cypriot President Nicos Anastasiades and Greek Prime Minister Alexis Tsipras met at Cyprus's Presidential Palace in Nicosia in May. PHOTO: YIANNIS KOURTOGLOU/AGENCE FRANCE-PRESSE/GETTY IMAGES

more than one million attacks. All failed. The company's software blocked every known hacking device. (Jerusalem Post)

### Greece & Israel Develop Closer Relationship Because of Turkey's Opposition to Both

In the 1980s and 1990s, Greece was among Israel's harshest critics, and a vocal supporter of the Palestinian cause. As the leader of Greece's leftist Syriza party before gaining office in 2015, Prime Minister Alexis Tsipras demanded that Israel's ambassador be expelled from Greece. Today, Tsipras has intensified cooperation with Israel. Turkish President Erdogan's increasing hard-line foreign policy, which promotes Turkey as the would-be major Islamic leader in the Middle East, has threatened both Greece and Israel, uniting them like never before. (Wall Street Journal)



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# JDC's Hesed Welfare System: Compassionate

*Continued from page 1*



Elderly Jews in the Former Soviet Union (FSU) are the poorest in the world. Many survived the Holocaust, and all lived for decades under a communist regime that discriminated relentlessly against them, dismantled Jewish institutions, and consigned them to poverty. Today, elderly Jews live on pensions as low as \$2 per day, forcing them to choose among the necessities of life.

After a lifetime of suffering, oppression, and political strife, these Jews are engaged in a daily struggle to survive in their final years. The promise of an old-age pension that would sustain them after retirement has amounted to a pittance that does not begin to cover their basic needs. Each day, they face the same question: without having enough money to pay for food, medicine, and heating fuel, what will they be forced to

forgo? Often, when confronted with this brutal choice, our clients prioritize the meager amount of food and medicine they can afford over fuel. Thus, in freezing temperatures, vulnerable elderly are shivering indoors without heat.

Loneliness and isolation add to the burden faced by these aging Jews. Many have outlived their spouses; others have family members who are overwhelmed by their own financial or health challenges or have moved away to pursue economic opportunities. Without support such as visits by JDC's homecare workers—in many cases an elderly person's only human contact—these elderly would be totally cut off from the Jewish community and the world.

The reasons for the dire situation are multiple and complex. In terms of JDC's response, two things are straightforward: one, our care has life-changing impact, and two, there is no one else offering this vital aid. This is why providing care to impoverished elderly Jews in the FSU is our top fundraising priority in 2018.

JDC's Hesed Welfare System (Hesed) provides needy Jewish elderly with support and assistance that helps them meet their basic needs, and live in safety and with dignity. Hesed operates in 11 former Soviet countries, with Hesed Centers serving as the direct point of contact. The network includes both large and small centers, many of which run additional branches or maintain at least one employee in smaller towns and cities, where they serve vulnerable elderly living in outlying, isolated locations. Hesed provides the following services:

**Homecare:** Prioritized for the most frail and isolated individuals. Homecare workers assist with personal care and household tasks for those unable to perform them on their own, and at the same time, provide priceless social interaction and a link to the outside world.

**Hunger Relief:** Bank and food cards are a cost-effective means of providing support while maintaining client dignity and independence. Bankcards enable clients to purchase food or medical supplies at participating businesses. Hot communal meals are provided for those able to leave their homes and enjoy the company of their peers, while food packages and meals-on-wheels are delivered to those less mobile.

**Medical Support:** Many of JDC's clients suffer from medical conditions requiring expensive medications, operations, and equipment they cannot afford on their own. Rather than force clients to choose between covering food or medical needs, JDC helps these individuals pay for necessary medicines and offers medical consultations with volunteer doctors.

**Winter Relief:** Winters in the FSU are harsh and many of our clients live in poorly insulated homes with insufficient or costly heating. JDC provides seasonal assistance with utility bills, and arranges for extra blankets, winter clothing, and help to seal and insulate windows.

**Minor Home and Appliance Repairs:** JDC arranges for free home repairs and repairs of household appliances, to help keep homes warmer, safer, and more functional.

**SOS Emergency Assistance:** JDC's provides one-time emergency grants to clients who suddenly require major surgery or essential, but expensive medicines, appliance repairs or other urgent, unexpected expenses.

**Social Programs:** Day centers, warm homes and other social and community activities combat feelings of loneliness and isolation by stimulating intellectual and emotional health, which can be of vital importance to our clients' general sense of well-being.



# Care for the World's Neediest Elderly Jews

## Tsilla's Story.....

Tsilla Gorshkova wakes up every winter morning before dawn—she's learned that 6 a.m. is the best time to load her kitchen furnace with firewood so her small wooden cabin stays warm in frigid Siberian temperatures.

A former kindergarten teacher, the 82-year-old is one of two Jewish residents of Socialnaya village, a tiny hamlet in the Russian Far East tucked between Khabarovsk and Birobidzhan, the capital of the Jewish Autonomous Region, an area where Jews in the Soviet Union were told they would be sent to build a "Jewish homeland" that never came to be.

Living on just a few dollars a day, Gorshkova would likely go hungry without the food packages and holiday supplies she receives from JDC and the global Jewish community.

She's come to count on the flour, canned fish, sugar, and other supplies JDC provides: "They're Jewish, and that's why they help me—because I'm Jewish, too," she said. "Thank you for helping us, for not forgetting us."

Gorshkova is one of some 100,000 elderly Jews helped by the American Jewish Joint Distribution Committee (JDC) across the former Soviet Union (FSU). Her care is coordinated by the Birobidzhan branch of the Khabarovsk Hesed social welfare center.



**Tsilla Gorshkova refueling her wood burning stove in anticipation of a visit from JDC staff to her home on a cold, snowy day.**



**Albina Sergeeva of the JDC presents Tsilla Gorshkova a care package of provisions and some sweet treats.**

For more than 100 years, JDC has been saving Jewish lives, building Jewish life, and transforming Jewish values into action that benefits all people in need. As the world's leading Jewish humanitarian aid group, JDC today works in some 70 countries and in Israel to alleviate hunger and hardship, rescue Jews in danger, create lasting connections to Jewish life, and provide disaster relief and development support for victims of natural and man-made disasters.

Elderly Jews in the FSU are the poorest in the world. Many are Holocaust survivors, and all lived for decades under a Communist regime that discriminated relentlessly against Jews, consigned them to poverty, and dismantled Jewish institutions.

Albina Sergeeva, the Birobidzhan Hesed branch's coordinator, manages JDC's welfare response in the five districts surrounding the city: food cards for the supermarket, heating help during the region's harsh weather, warm winter clothing and boots, free or discounted medicines and dentures, and much more.

"The help is really multi-faceted, and for these Jews, very important," she said. "For the neediest Jews, there's really nowhere else to turn besides JDC."

Sergeeva said she can't imagine what life would be like for elderly Jews without the assistance they receive from the global Jewish community.



# JCNCF Annual Campaign

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Steven Slutsky

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and Harry Krop

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## **Double Chai Meyot**

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***Together we do ex***

**The Jewish Council of  
supports Jewish life lo  
operates entirely on donat**

**Year after year, the inc  
Roll of Honor help b  
Through their gifts to t  
JCNCF makes a differ  
community of North Ce  
the world, whenever t  
Thank you to all who m**

*than*

**If you are age 70 1/2 or older and own a taxable IRA "Rollover" or "Qualified Charitable Distribution" (QCD), you can take full advantage of your charitable giving opportunities by making a QCD. This allows you to bypass the required minimum distribution (or RMD) and still support the JCNCF, while bypassing your own charitable deduction!**

**Contact your IRA manager today and let us know you want to donate to JCNCF by December 31, 2018.**

***Important: request that your gift be designated for the 2018 IRA RMD and intention to use it as of 2018 IRA RMD***

# Roll Of Honor 2017-2018

**Extraordinary things.**

**North Central Florida  
locally and globally and  
contributions from our community.**

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where are Jews in need.  
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*Thank you*

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# High Holiday Schedule 5779;

**Congregation B'nai Israel ~ Rabbi David Kaiman**  
**3830 NW 16th Blvd, 32605 ~ 352.376.1508,**  
**www.bnaigainesville.com**

Sat, Sep 1	Selichot -10 pm
Sun, Sep 9	Cemetery Memorial - 11 am
Sun, Sep 9	Erev RH Service- 8 pm
Mon, Sep 10	RH Morning 1 - 8 am
	Circle Minyan - 9:30 am
	Tashlich - 6:15 pm
	Minhah-Maariv - 7 pm
Tue, Sep 11	RH Morning 2 - 8 am
	Minhah, Shabbat Maariv - 6 pm
Tue, Sep 18	Kol Nidre - 7 pm
Wed, Sep 19	YK Morning Service - 8am
	Circle Minyan - 9:30 am
	Minhah - 5:30 pm
	Neilah - 6:45 pm
Mon, Sep 24	Sukkot 1 - 9:30 am
Tue, Sep 25	Sukkot 2 - 9:30 am
Sun, Sep 30	Hoshannah Rabbah - 7 am
Mon, Oct 1	Shmini Atzeret - 9:30 am
	Yizkor Mincha - 6 pm
	Simchat Torah - 6:30 pm
Tue, Oct 2	Simchat Torah - 9:30 am

**Hillel at UF ~ Rabbi Adam Grossman**  
**2020 W University Avenue, 32603 ~ 352.372.2900**  
**www.ufhillel.org**

Sun, Sep 9	Erev RH Services 7 - 8 pm
	Dinner 8 - 10 pm
Mon, Sep 10	RH Morning - 10:30 - 12 pm
	Brunch 12 - 1 pm
Tue, Sep 18	Pre-YK Dinner 6 - 7:30 pm
	Erev YK Services 7:30 - 9 pm
Wed, Sep 19	YK Morning Services 10:30 am - 12 pm
	YK Neilah 6 - 7:00 pm
	YK Break The Fast 7 - 8 pm

**Temple Shir Shalom ~ Rabbi Michael Joseph**  
**3855 NW 8th Avenue, 32605 ~ 352.371.6399**  
**www.shirshalom.net**

Sun, Sep 9	Tashlich with Religious School - 11 am
Sun, Sep 9	RH Evening Service - 8 pm
Mon, Sep 10	RH Morning Service - 10 am
	RH Nosh - 12:30 pm
	RH Family Service - 1:30 pm
Sun, Sep 16	Cemetery Memorial Service - 11 am
Tues, Sep 18	YK Evening Service - 8 pm
Wed, Sep 19	YK morning service - 10 am
	YK Family Service - 1:30 pm
	YK Afternoon Service - 3:30 pm
	YK Yizkor Service - 4:30 pm
	YK Concluding Service - 5:30 pm
Sun, Sep 23	Sukkot Service and Potluck - 6:30 pm
Sun, Sep 30	Simchat Torah Celebration - 6:30 pm

**Rosh Hashanah, September 9, 10 & 11**

**Yom Kippur, September 18 & 19**

**Sukkot, September 23, 24 & 25**

**Shemini Atzeret, Sept 30 & Oct 1**

**Simchat Torah, Oct 2**

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**Student & Community Center**  
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**Rabbi Aharon Chaim & Pessie Notik**  
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**www.jewishgator.com**

Sun, Sep 9	Candle Lighting 7:24 pm
	Erev RH Service & Holiday Dinner - 7:30 pm
Mon, Sep 10	RH Morning Service - 10 am
	Shofar Blowing, Mussaf, Lunch - 12:30 pm
	Student & Family Tashlich at Lake Alice - 5:30 pm
	Candle Lighting after 8:16 pm
	RH Evening Service & Holiday Dinner - 8:30 pm
Tue, Sep 11	RH Morning Service - 10 am
	Shofar Blowing, Mussaf, Lunch - 12:30 pm
	Holiday ends - 8:15 pm
Tue, Sep 18	Candle Lighting and Fast Begins - 7:13 pm
	Kol Nidrei and Evening Service - 7:15 pm
Wed, Sep 19	Shacharit Morning Service - 10 am
	Yizkor followed by Mussaf - 12:30 pm
	Mincha Afternoon Service - 5:45 pm
	Neilah Closing Service - 6:45 pm
	Napoleon's March - 7:59 pm
	Holiday Ends - 8:05 pm
Sun, Sep 23	Sukkot Candle Lighting - 7:07 pm
	Evening Service followed by dinner- 7:30 pm
Mon, Sep 24	Morning Service followed by Mussaf
	and Kiddush Lunch in the Sukkah - 10 am
	Candle Lighting after 7:59 pm
	Evening Service followed by Dinner - 8 pm
Tue, Sep 25	Morning Service followed by Mussaf
	and Kiddush Lunch in the Sukkah - 10 am
Thur, Sep 27	Sukkot Family Celebration with Kosher BBQ,
	music and entertainment- 5:30 to 7 pm
	(Adult \$10, Children \$8, Families \$36)
Sun, Sep 30	Shemini Atzeret Candle Lighting - 6:58 pm
	Evening Service, Hakafof and Dinner - 7:30 pm
Mon, Oct 1	Morning Service - 10 am
	Yizkor Service followed by
	Mussaf and Kiddush Lunch - 12:30 pm
	Simchat Torah Candle Lighting after 7:50 pm
	Simchat Torah Evening Service, Hakafof Followed
	by Grand Torah Celebration - 8 pm to Midnight
Tue, Oct 2	Morning Service - 10 am
	Hakafof, Mussaf and Kiddush Lunch - 12 pm
	Holiday ends - 7:49 pm



# North Central Florida Congregations

~ *L'Shanah Tovah* ~

**The Board and Staff of the  
Jewish Council of North Central Florida  
Wish All Our Family and Friends  
a Happy and Healthy New Year!**

**Chabad Lubavitich Jewish Center  
of Ocala, The Villages and Tri County  
Rabbi Yossi & Chanie Hecht  
13030 CR 103, 34484 ~ 352.291.2218  
[www.ourchabad.org](http://www.ourchabad.org)**



Sun, Sept 9	Erev RH Service - 7:15 pm Dinner, RSVP required - 8:30 pm
Mon, Sept 10	RH Morning Service - 10 am Torah Reading - 11:45 am Shofar Blowing & Kiddush to follow 12:30 pm Tashlich Service at the pond alongside Walmart on CR 446- 4 pm RH Service - 8pm Candle Lighting - 8:15 pm Dinner, RSVP required - 8:45 pm
Tue, Sept 11	RH Morning Service - 10 am Torah Reading - 11:45 am Shofar Blowing & Kiddush to follow 12:30 pm
Tue, Sept 18	Candle Lighting and fast begins - 7:12 pm Kol Nidre - 7:15 pm
Wed, Sept 19	YK Morning Services - 10 am Torah Reading - 12:30 pm Yizkor Service - 1 pm Mincha - 6 pm Neilah - 6:45 pm Fast ends - 8:04 pm Services are followed by light refreshments
Mon, Sep 24	Sukkot Morning Service - 10 am Subs in the Sukkah - 12:30 pm
Tue, Sep 25	Morning Service & Kiddush to follow - 10 am
Mon, Oct 1	Shemini Atzeret Morning Service - 10 am Yizkor - 12 pm Prayer for rain & Kiddush to follow - 12 pm
Tue, Oct 2	Simchat Torah Morning Service - 11 am Kiddush unch followed by Hakafof -12 pm

## Gainesville Society For Humanistic Judaism

Organized by Rick Gold

JCNCF Office 3835 NW 8th Avenue, 32605 ~ 571-337-8018  
[goldrickus@gmail.com](mailto:goldrickus@gmail.com)

Sun, Sep 9	Humanistic Service - 2 pm
Sun, Sep 16	Humanistic Service - 2 pm

**Temple Beth Shalom  
Rabbi Ze'ev Harari  
1109 NE 8th Avenue, 34470 ~ 352.629.5837  
[www.jewishocala.com](http://www.jewishocala.com)**

Sun, Sept 9	Erev Rosh Hashanah - 7:30 pm
Mon, Sept 10	Rosh Hashanah Day 1 - 9:30 am
Tue, Sept 11	Rosh Hashanah Day 2 - 9:30 am
Fri, Sept 14	Shabbat Shuvah - 7:30 pm
Tue, Sept 18	Erev Yom Kippur & Kol Nidre - 7 pm
Wed, Sept 19	Yom Kippur Morning - 9:30 am Afternoon Service & Yizkor - 4 pm

**Temple B'nai Darom  
Rabbi Harold Jaye  
49 Banyan Course, 34472 ~ 352.624.0308**

Sun, Sept 19	Erev RH Service - 7:30 pm
Mon, Sept 10	Morning Service - 10 am
Tue, Sept 18	Kol Nidre - 7:30 pm
Wed, Sept 19	YK Morning Service - 10 am YK Afternoon Service - 4 pm followed by Break the Fast - 5 pm

**Congregation Beth Israel  
Services will be led by Rabbi Goldie Milgram  
live streaming at Brentwood Assisted Living Facility  
4511 SW 48th Avenue, 34474 ~ 352.854.2747  
[www.bethisraelofocala.com](http://www.bethisraelofocala.com)**

Mon, Sept 10	RH Services - 10 am
Tue, Sept 18,	Kol Nidre - 7:30 pm
Wed, Sept 19	YK Service - 10 am Yizkor Memorial Service - 4:30 pm Break the Fast - 5 pm

# UF Psychiatrist to Speak on Student Mental Health

By Marcia Morris, MD  
The University of Florida

As a Jewish mother of a twenty-two and twenty-five-year-old, I have witnessed first-hand the academic stress and social pressures that college students face. As a psychiatrist working with college students for over twenty years, I have seen how pressures have contributed to an upsurge in mental health problems on campus: Rates of depression have increased by fifty percent and rates of anxiety disorders have doubled since 2011. As a Jewish mother, I wish a hearty hug and warm bowl of chicken soup were enough to help children face the challenges. But as a psychiatrist, I have seen that parental support needs to be far more comprehensive to deal with the problems and pressures on campus today.

What would you do if your daughter reported her anxiety was so severe she was failing exams? How would you respond if your son was not sure his life was worth living after his girlfriend broke up with him? Parents increasingly are faced with these questions, which I answer in *The Campus Cure: A Parent's Guide to Mental Health and Wellness for College Students*. With stories and the latest scientific literature, I offer tools for parents to prevent, respond to, and treat problems like depression, anxiety, loneliness, and cultural challenges.

As parents, you can play a big role in your child's success in college. You can recognize problems early on and encourage your student to see a therapist on campus. You can link your child with campus resources if they are stuck in an academic rut that is making them feel down. Calling more often or visiting during a time of despair can help your student avert a crisis. Recognizing when your child is having a more serious problem like substance abuse or psychosis can make a big difference in their getting timely psychiatric help.

Most importantly, parents can offer perspective and hope to their children that their situation will improve. As someone growing up in the Jewish faith, as a mother, and as a psychiatrist, I have learned the lesson that hope - *tikvah* - is the best chicken soup for the soul.



## The College Cure, A Talk by Dr. Marcia Morris Sunday, October 7 at 2 pm Park Avenue Apartments Club House

Sponsored by Congregation B'nai Israel, Temple Shir Shalom and the Jewish Council of North Central Florida.

For more information and to RSVP, please contact the JCNCF office at [office@jcncf.org](mailto:office@jcncf.org) or 352.371.3846.



**Jeremy S. Melker, MD**  
**Garrett Hauptman, MD**  
**Mary Anne Pinner, AuD**  
**Lynn Davis, AuD**

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# Yoga-Nish at Congregation B'nai Israel

By Chaya ~ Sharon Heller

Beginning Saturday, September 8, Congregation B'nai Israel will be offering *Yoga-Nish: A Shabbat and Yoga Experience For Body, Mind and Nishama*. This class will be held on the second Saturday of each month from 10:15 to 11:45 am. There is no fee and all are welcome. The program will be led by Chaya~Sharon Heller, BA, CAP, C-IAYT, and LMT. Sharon is a Holistic Lifestyle Educator and Health Coach, Ayurvedic Practitioner, and Yoga and Massage Therapist, who works with purpose driven groups and individuals to facilitate health and well being.

Shabbat, an ancient Jewish weekly celebration, is a sacred period of respite, a time to step back from the way things are during the rest of the week, in order to envision the way we would like them to be for ourselves, our relationships, our work and our world.

In this program of rest, learning, and renewal, we will use the practice of Yoga and the essence of Judaism to merge individual consciousness with universal consciousness for a graceful Shabbat experience, signifying unity, peace, and freedom. This enriching and empowering program is delivered through the vehicles of gentle yoga, meditation, story, wisdom, and chant. The weekly Torah portion inspires the theme for each class as an anchor for our focus and attention, and enriching and embodying its wisdom within our daily life.

Aryeh Kaplan, in his book *Jewish Meditation*, describes the four steps demonstrated in the traditional Jewish service: Action, Speech, Thought, and Nothingness. These steps are similar to those outlined in Patanjali's eight limbs of yoga and provide us with points of connection and exploration to inform an embodied experience.

"Yoga-Nish" is an opportunity to access this state that moves us beyond our ordinary perception to a glimpse of the world beyond ordinary perception, which opens a portal for us to observe these steps daily. Both the Torah and Patanjali's Yoga state, that it is by stepping away from our everyday lives and purifying our senses, that clarity is accessed with deeper connection to the divine.

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*Fredric Levin*

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JASON & DENISE ROSENBERG  
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XEVE & RACHEL SILVER

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HENRY & MARCIA STORCH  
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OR EMAIL [DINNER@JEWISHGATOR.COM](mailto:DINNER@JEWISHGATOR.COM) OR CALL (352)336-5877

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# Celebrating CHAI - 18 Years in our Community!

By Jeffrey Meldon

The Lubavitch-Chabad Jewish Student and Community Center at the University of Florida is celebrating its 18th Anniversary with a Gala Dinner and Celebration at the Center on Sunday, October 14, 2018 with a reception and cocktails at 5:30 pm followed by dinner and entertainment at 6:30 pm.

The event will honor leaders within the community who have been friends and supporters of the Center and have contributed to the amazing growth and development of the University of Florida Chabad Center over the past 18 years. Those being honored include Steven Slutsky, Jason and Amy Storch, Mark and Jennifer Bleiweis, Howard Rothman, and David and Harriet Pawliger. The Dinner Co-Chairpersons include Desmond and Nadine Schatz, Mark and Ruth Sherwood, Michael and Betty Wolf, as well as, myself, Jeffrey Meldon.

Over the past 18 years, I have become great friends with the Goldman family and have witnessed first-hand the nurturing and development that they provide, not only to the students at the University of Florida and Santa Fe College, but to the greater Gainesville community, as well. The completion of the incredible 23,000 square foot Center for Jewish Life & Learning in February 2014, gave them the ability to serve even more students and community members. Rosh Hashanah and Passover Dinners frequently have as many as 700 people in attendance. At a typical Shabbat dinner, as many as 350 students join the Goldman and Notik family. Rabbi Berl and Chanie Goldman and Rabbi Aharon and Pessie Notik provide Jewish education classes and programs throughout the week and enrich our young and older learners with valuable knowledge about our Jewish heritage and practice.

The Chai - 18th Anniversary comes at a time when the Center has reached a zenith and is well established as an anchor within the student and local community. The President of the University of Florida, W. Kent Fuchs is attending the event as guest of honor and to personally thank everyone for their immense contribution to the Gator community. It is going to be a fun filled night with lots of surprises and fabulous entertainment.

Please join us at this momentous event. Make your dinner reservations and show your support by placing an ad in the dinner journal by visiting [www.JewishGator.com/Dinner](http://www.JewishGator.com/Dinner) or by contacting Rabbi Berl Goldman at [Rabbi@JewishGator.com](mailto:Rabbi@JewishGator.com) or at 352.336.5877.





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# Planting Seeds of Kindness

**By Shauna Sikron, Chavaya School Director  
Congregation B'nai Israel**

As we begin a new year in Chavaya, I am thrilled to see so many familiar faces and welcome a great number of new students to our school, too. With more than 50 students expected to join us this year, our curriculum is jam-packed with dynamic Jewish learning experiences designed to inspire our students to expand their Jewish identity beyond the classroom. Through a focus on the Jewish virtues of kindness, our students will put Jewish values such as of tzedakah, tikkun olam, and gemilut chasidim into practice as they develop an ongoing mitzvah project throughout the year.

In December, Chavaya will be offering a special winter camp focused on fostering social action in our community and in June, a summer camp focused on Jewish environmental sustainability. Altogether, this year will be full of opportunities for our students to think deeper about Judaism as they make the world a better, kinder place.

Learn more about Chavaya and what we are doing this year on our webpage: [www.bnaigainesville.com/about-chavaya](http://www.bnaigainesville.com/about-chavaya)



# Updates from Temple Shir Shalom

**By Rabbi Michael Joseph**

Temple Shir Shalom will be holding its 8th annual High Holiday Food Drive through the beginning of 5779. Over the years, the congregation has delivered close to 15,000 pounds of food and personal care items to the Bread of the Mighty Food Bank, providing measureless support to our neighbors who suffer from hunger and/or food insecurity. If you are cleaning out your cupboards, if you see a good supermarket offer—bring something to Temple Shir Shalom with the assurance that it will go to someone who needs our help.

Temple Shir Shalom is fortunate to have a full schedule of b'nai mitzvah for the Jewish year 5779 (2018-19), all of them young people with a wonderful history at Temple Shir Shalom and wonderful Jewish futures ahead of them. Plan to attend as many of these b'nai mitzvah as you can; these really are celebrations for the entire congregation and community. September 1, 2018: Nathan Gorme; Oct 20, 2018: Jonathan Sair; Dec 8, 2018: Wes Melker; Mar 16, 2019: Dillan Wernecke; Apr 13, 2019: Prilly Jaegle; and July 6, 2019: Noah Siegel. Also possibly “sneaking in” to 5779 may be Matthew Gurney and Evelyn Efron.

Temple Shir Shalom will be introducing in the new year a comprehensive program of activities to introduce toddlers and those who love them to Jewish congregational life. Called “Tiny TSS,” the program will include Friday and Saturday Shabbat experiences just for toddlers, special holiday programs, and Sunday morning introductions to Religious School. The program officially began with a Shabbat experience on Saturday, August 25. Upcoming scheduled events include a Tiny TSS Kabbalat Shabbat on Friday, Oct 26 at 5 pm. This is a program designed especially for our youngest members and friends. In addition to this event, there are “Tiny TSS invitationals” which are open to everyone and especially fun for our youngest members. These events include Religious School Rosh Hashanah service on Sunday, Sep 9; Rosh Hashanah Nosh followed by Family Service on Monday, Sep 10 starting at 12:30 pm; Yom Kippur Family service on Wednesday, Sep 19 at 1:30 pm; Sukkot potluck and service on Sunday, Sep 23 at 6:30 pm; and Simchat Torah celebration on Sunday, Sep 30 at 6:30 pm. For more information about these programs please contact Rabbi Michael Joseph at 352.371.6399 or [mljoseph@gmail.com](mailto:mljoseph@gmail.com)



# Transitions: Community Life Events

*Do you have a life cycle event you would like to share with our JCNCF community? Please submit items to [chronicle@jcncf.org](mailto:chronicle@jcncf.org). Submissions may be edited as space allows. Pictures are welcome and encouraged! Transitions may include birth, engagement and wedding announcements, bar and bat mitzvah, graduations, promotions and honors, and memorials.*

## *In Memoriam*

*Our community mourns the passing of these beloved friends and family members:*

Dr. Michael Krop,  
Uncle of Harry Krop & Dawn Burgess Krop

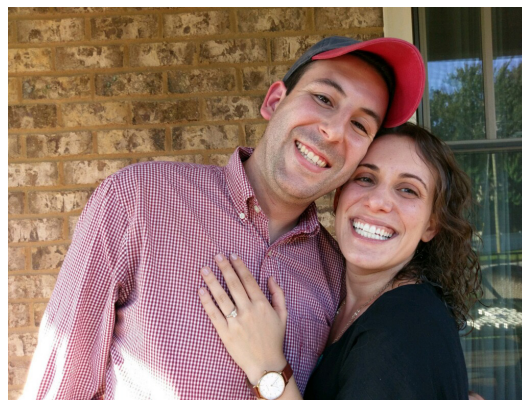
Irene B. Paltrowitz,  
Mother of Phyllis & Michael Warren

Marcel Rudin,  
Father of Alicia Rudin-Rush & Victor Rush

Charles "Chuck" Slott,  
Uncle of Marvin Slott

Miriam Quintana

*May their loved ones find solace in their memory.*



Mazel Tov to Eytan Oren and Zoe Beiner on their engagement! Eytan is the son of Ido and Jodi Oren.



Mazel tov to Jessie Elana Aaron on the birth of her son, Isaac Cedar Aaron! Isaac was born March 31, 2018.

## Mazel Tov!

Dr. Andrew Rosalsky has retired after 40 years of teaching at the University of Florida as a member of the faculty of the Department of Statistics.

Jonathan Cohen, completed the rabbinical program of the Jewish Spiritual Leaders Institute and was ordained as a rabbi in July.

Adrienne DeNoyelles, earned her Ph.D. in history from UF with a dissertation titled *The Lung Block: Tuberculosis and Contested Spaces in Progressive-Era New York City*.



Mazel tov to Mushka Goldman, who graduated from the Rohr Bais Chaya Academy in Coral Springs. Mushka spent the summer as a counselor in an English speaking camp in Tzfat, Israel and just left home for a year to study at the Ohel Chana Learning Institute in Melbourne, Australia.

# North Central Florida Congregations & Organizations

## Gainesville

### B'nai Israel Community Day School (DS)

Debby Kinman-Ford, Director  
www.bnaisraelcds.org  
352.376.1508, ext 101

### Center for Jewish Studies at the University of Florida (CJS)

Dr. Jack Kugelmass, Director  
Sandra James, Office Assistant  
web.jst.ufl.edu  
PO Box 118020, Gainesville, FL 32611  
352.392.9247

### Congregation B'nai Israel (CBI)

Rabbi David Kaiman  
Jenifer Petrescu, Executive Director  
Shauna Sikron, Coordinator of Jewish Learning  
Kat Llinas, Family and Youth Programing  
Caroline Birdrow, Adult Programing and Administration  
www.bnaigainesville.com  
3830 NW 16th Blvd, Gainesville, FL 32605  
352.376.1508

### Gainesville Chapter of Hadassah (HAD)

Meredith Bacharach, President  
mwbacharach@gmail.com  
352.256.7631

### Isser and Rae Price Library of Judaica (LIB) at the University of Florida

Dr. Rebecca Jefferson, Director  
cms.uflib.ufl.edu/Judaica/Index.aspx  
George A. Smathers Libraries, University of Florida  
Gainesville, FL 32611  
352.273.2865

### The Tabacnic Lubavitch-Chabad Jewish (LCJC) Student & Community Center

Rabbi Berl & Chanie Goldman, Directors  
Rabbi Aharon Chaim & Pessie Notik, Co-Directors  
www.jewishgator.com  
2021 NW 5th Avenue, Gainesville, FL 32603  
352.336.5877

### Temple Shir Shalom (TSS)

Rabbi Michael Joseph  
Ross Van Boven, Director of Religious School  
Ann Eisenstadt, Office Manager  
www.shirshalom.net  
3855 NW 8th Avenue, Gainesville, FL 32605  
352.371.6399

### UF Hillel (HLL)

Rabbi Adam Grossman  
www.ufhillel.org  
2020 W University Avenue, Gainesville, FL 32603  
352.372.2900

## Ocala and Other Locations

### Chabad House of Ocala & The Villages (CHOV)

Rabbi Yossi & Chanie Hecht, Directors  
www.ourchabad.org  
13030 CR 103, Oxford, FL 34484  
352.330.4466

### Congregation Beth Israel (CBI-O)

Rabbi Karen Allen  
www.bethisraelocala.org  
7171 SW Hwy 200, Ocala, FL 34476  
352.450.2056

### Congregation Beth Sholom (CBS)

www.bethsholomcitrus.org  
102 Civic Circle, Beverly Hills, FL 34464  
352.746.5303

### First Congregation Sons of Israel (FCSI)

www.first-congregationsonsofisrael.org  
161 Cordova Street, St. Augustine, FL 32084  
904.829.9532

### Ocala Chapter of Hadassah (OHAD)

Judi Siegal, President  
morrobay03@embarqmail.com  
352.237.8277

### Temple Beth Shalom (TBS)

Rabbi Ze'ev Harari  
www.jewishocala.com  
1109 NE 8th Avenue, Ocala, FL 34470  
352.629.5837

### Temple B'nai Darom (TBD)

Rabbi Harold Jaye  
www.facebook.com/TempleBnaiDarom  
49 Banyan Course, Ocala, FL 34472  
352.624.0380

### Temple Shalom of Central Florida (TSCF)

www.templeshalomcentralfl.org  
13563 County Road 101, Oxford, FL 34484  
352.748.1800



## Community Calendar

Please note that the JCNCF Office will be closed in observance of the Jewish Holidays

**Rosh HaShanah: Monday, September 10, Tuesday, September 11**

**Yom Kippur: Wednesday, September 19**

**Sukkot 1, 2: Monday, September 24, Tuesday, September 25**

**Shmini Atzeret: Monday, October 1**

**Simchat Torah: Tuesday, October 2**

**Tuesday, September 4**

There will be no Torah Study with Rabbi Joseph at TSS, on Tue, Sept 4 or Tue, Sept 18  
Torah Study will be held on Tue, Sept 11 and Tue, Sept 25 at 9:30 am.  
There will be no Torah on Tuesday with Rabbi Kaiman at CBI, on Tue Sept 4 or Tue Sept 18  
Torah Study will be held on Tue, Sept 11 and Tue Sept, 25 at 12 pm.

**Wednesday, September 12**

Friendship Circle at CBI, 10:30 am (Repeated Sept 19 and 26)

**Wednesday, September 26**

Sisterhood Sukkot at CBI, 6:30 pm  
Please RSVP to Alica at arudin@cox.net



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## Save These Dates

WHEN	JCNCF Programs & Events	WHERE
Sunday, September 23 at 3 pm	PJ Library 10th Birthday Party	The Gainesville Woman's Club
Sunday, October 7 at 2 pm	<i>The Campus Cure</i> A Talk by Dr. Marcia Morris	Park Avenue Apartments Club House
Thursday, October 11 at 7:30 pm	JCNCF Campaign Kick-Off Dr. Will Recant of the JDC	Temple Shir Shalom
Sunday, October 14 at 12 pm	PJ Library Ice Cream Social	D'Lites Emporium
Thursday, November 15 at 7 pm	JCNCF Film Festival Preview	The Hippodrome Cinema
Sunday, November 18 at 9 am	JCNCF's 10th Annual Mitzvah Day	Chabad at UF, Plus Other Sites
Sunday, December 9 at 4 pm	PJ Library Chanukah	Congregation B'nai Israel